Characteristics of Connective Tissue

- Found everywhere in the body to connect body parts
- Includes the most abundant and widely distributed tissues
- Functions:
 - Protection
 - Support
 - Binding

Characteristics of Connective Tissue

- Variations in blood supply
 - Some tissue types are well vascularized
 - Some have a poor blood supply or are avascular
- Formed from mesenchymal stem cells (stems cells that differentiate to make many different cell types)

Characteristics of Connective Tissue

Extracellular matrix

- Nonliving material that surrounds living cells
- Two main elements of the extracellular matrix:
 - 1. **Ground substance** mostly water, along with adhesion proteins and polysaccharide molecules
 - 2. Fibers
 - a. Collagen (white) fibers
 - b. Elastic (yellow) fibers
 - c. Reticular types (a type of collagen)



- Types of connective tissue from most rigid to softest, or most fluid:
 - Bone
 - Cartilage
 - Dense connective tissue
 - Loose connective tissue
 - Blood

- Loose connective tissue
 - Gel-like, have lots of cells, and fewer fibers
 - Types
 - Areolar
 - Adipose
 - Reticular



Areolar (Loose)

- Structure: Gel-like ground substance with collagen and elastic fibers
- Function: Wraps and cushions organs
- Location: Widely distributed under epithelium; Packages organs



(e) Diagram: Areolar



Photomicrograph: Areolar connective tissue, a soft packaging tissue of the body (270×).

Adipose (Loose)

- Structure: Large vacuoles filled with oil droplets
- Functions: Protects, Insulates, Provides fuel storage
- Locations: Subcutaneous layer under skin, abdomen, and breasts



(f) Diagram: Adipose



Photomicrograph: Adipose tissue from the subcutaneous layer beneath the skin (570×).

Reticular (Loose)

- Structure: Thin branched network of fibers
- Function: Forms internal framework of organs
- Locations: Lymph nodes, Spleen, Bone marrow



(g) Diagram: Reticular



Photomicrograph: Dark-staining network of reticular connective tissue (400×).

Dense connective tissue

- Many fibers, strong
- Types:
 - Regular
 - Irregular
 - Elastic



Dense Regular

- Structure: Closely packed network of collagen and elastic fibers
- Function: Attach muscle to bone or bone to bone
- Location: Tendons and Ligaments



Dense Irregular

- Structure: Irregularly arranged collagen fibers
- Function: Withstands tension in many directions
- Location: Dermis of the skin



(b) Irregular dense

Dense Elastic

- Structure: Many elastic fibers with collagen fibers between them
- Function: Provides elastic quality
- Location: Walls of arteries and airways



Cartilage

- Less hard and more flexible than bone
- Types
 - Hyaline cartilage
 - Fibrocartilage
 - Elastic cartilage

Hyaline cartilage

- Structure: Glassy matrix that hides collagen fibers; Chondrocytes in lacunae
- Function: Supports and reinforces
- Locations: End of long bones, trachea, nose, and ribs





(b) Diagram: Hyaline cartilage



Photomicrograph: Hyaline cartilage from the trachea (400×).

Fibrocartilage

- Structure: Matrix with thick collagen fibers; Chondrocytes in lacunae
- Function: Shock absorber
- Location: Intervertebral disks, parts of the pelvic girdle and knee





(c) Diagram: Fibrocartilage

Photomicrograph: Fibrocartilage of an intervertebral disc (150×).

Elastic cartilage

- Structure: Dense network of elastic fibers; Chondrocytes in lacunae
- Function: Allows flexibility while maintaining shape
- Location: External ear and epiglottis





- Bone (Osseous tissue)
 - Structure: Hard calcified matrix; Large numbers of collagen fibers; Osteocytes in lacunae
 - Function: Protect and support the body; Stores minerals
 - Location: Bones





(a) Diagram: Bone



Photomicrograph: Cross-sectional view of bone (165×).

- Blood (vascular tissue)
 - Structure: Cells surrounded by fluid matrix (plasma)
 - Function: Transport gases, nutrients, and waste
 - Location: Contained within blood vessels





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