Structure of the Skin

- The skin is composed of two kinds of tissue:
 - Epidermis
 - Dermis
- Hypodermis (Subcutaneous layer)
 - **Deep** to the dermis
 - Composed mostly of adipose (fat) tissue
 - Anchors the skin to underlying organs
 - Not technically part of the integumentary system
 - Provides a site for nutrient storage
 - Serves as a shock absorber
 - Insulates deeper tissues





- Outer layer of the skin
 - Composed of stratified squamous epithelium
 - Keratinocytes (the most common cell type) produce a fibrous protein called keratin
 - Makes the epidermis a hard and tough protective layer
 - **Avascular** (NO blood supply)

 The epidermis is composed of up to five layers, or strata (from deepest to most superficial):

- Stratum <u>b</u>asale
- Stratum <u>spinosum</u>
- Stratum granulosum
- Stratum <u>lucidum</u> (not shown)
- Stratum <u>c</u>orneum



Stratum Basale

- Deepest layer of epidermis
 - Lies next to dermis
 - Wavy borderline with the dermis anchors the two together
- Most adequately nourished by nutrients diffusing from the dermis
- Stem cells undergoing mitosis
- Daughter cells are pushed upward to become the more superficial layers



Stratum Spinosum

- Cells contain thick bundles of intermediate filaments made of pre-keratin
- Cells become increasingly flatter and more keratinized

Stratum Granulosum

- Cells are flattened
- Organelles are deteriorating
- Cytoplasm full of melanin granules



Stratum Lucidum

- Formed from dead cells of the deeper strata
- Occurs ONLY in thick, hairless skin of the palms of hands and soles of feet

Stratum Corneum

- 20-30 cell layers thick
- Shingle-like dead cells are filled with keratin
- Glycolipids in extracellular space make skin water resistant





Epidermal Cells

Melanocytes

- Produce pigment melanin
- Mostly found in the stratum basale of the epidermis
- Melanin accumulates in membrane-bound granules called melanosomes

Melanocyte

Amount of melanin produced
 depends upon genetics and
 exposure to sunlight



Epidermal Cells



• Epidermal Dendritic Cells

Alert and activate immune cells to a threat (bacterial or viral invasion)



Merkel Cells

- Associated with sensory nerve endings
- Serve as touch receptors



- Underlies the epidermis
- Two layers of connective tissue
 - Papillary Layer
 Loose areolar
 connective tissue
 Reticular Layer
 - Dense irregular connective tissue



Papillary layer

- Upper dermal region containing projections
- Many projections contain capillary loops which supply nutrients to the epidermis, and others house pain and touch receptors
- On palm and sole surfaces, papillae increase friction and gripping ability
- Fingerprints are identifying films of sweat



Reticular layer

- Deepest skin layer
- Contains blood vessels
- Contains sweat and oil glands
- Contains deep pressure receptors (lamellar corpuscles)





Other dermal features

Cutaneous sensory receptors

Touch, pressure, temperature, and pain receptors provide information about the external environment

Phagocytes

Prevent microbes from penetrating into deeper tissues

• Collagen fibers

- Responsible for skin toughness
- ✓ Attract and bind water to keep skin hydrated

Elastic fibers

- Responsible for skin elasticity
- Blood vessels
 - Play a role in body temperature homeostasis

Skin Color

Three pigments contribute to skin color

- Melanin
 - ✓ Yellow, reddish brown, or black pigments
- Carotene
 - Orange-yellow pigment from some vegetables
- Hemoglobin
 - Red coloring from blood cells in dermal capillaries
 - Oxygen content determines the extent of red coloring

• Emotions also influence skin color

Skin Color

- Alterations in skin color signal certain **disease states**:
 - Cyanosis

Blueness

- Due to poor oxygenation of hemoglobin
- Possible sign of respiratory or cardiovascular problems
- Erythema
 - Redness
 - Due to embarrassment, inflammation, hypertension, fever, or allergy
- Pallor (blanching)
 - Pale coloring
 - Due to emotional stress (such as fear), anemia, low blood pressure, impaired blood flow to an area

Skin Color

- Alterations in skin color signal certain **disease states**:
 - Jaundice
 - Yellow cast
 - Indicates a liver disorder
 - Bruises
 - Black and blue marks
 - Indicates hematomas